



Five Things You Can't
Say in Church

I'm Scared

June 27, 2010

Mark 14:32-42

32 They went to a place called Gethsemane, and Jesus said to his disciples, "Sit here while I pray." 33 He took Peter, James and John along with him, and he began to be deeply distressed and troubled. 34 "My soul is overwhelmed with sorrow to the point of death," he said to them. "Stay here and keep watch."

35 Going a little farther, he fell to the ground and prayed that if possible the hour might pass from him. 36 "Abba, Father," he said, "everything is possible for you. Take this cup from me. Yet not what I will, but what you will."

37 Then he returned to his disciples and found them sleeping. "Simon," he said to Peter, "are you asleep? Could you not keep watch for one hour? 38 Watch and pray so that you will not fall into temptation. The spirit is willing, but the body is weak." 39 Once more he went away and prayed the same thing. When he came back, he again found them sleeping, because their eyes were heavy. They did not know what to say to him.

41 Returning the third time, he said to them, "Are you still sleeping and resting? Enough! The hour has come. Look, the Son of Man is betrayed into the hands of sinners. 42 Rise! Let us go! Here comes my betrayer!"

Romans 8:15-16

15 For you did not receive the spirit of slavery to fall back into fear, but you have received the Spirit of adoption as sons, by whom we cry "Abba, Father." 16 The Spirit himself bears witness with our Spirit that we are children of God

Discussion Questions

Do you know anyone who has a strange phobia?
Why do you find the phobia odd?

Are your fears always reasonable?
Are there some real things to be afraid of?

So, are Christians supposed to be afraid?
Why do you believe that?

Do you think that in this story Jesus was afraid?
What does that mean to you?

Does God want us to be afraid of anything?
How does Jesus react to His fear?

How can we react to our fear?
How can we react to the fear expressed to us by others?
What or who is the answer to our fears?