



Five Things You Can't
Say in Church

I've Sinned

July 11, 2010

Romans 7:15-25

15 I do not understand what I do. For what I want to do I do not do, but what I hate I do. 16 And if I do what I do not want to do, I agree that the law is good. 17 As it is, it is no longer I myself who do it, but it is sin living in me. 18 I know that nothing good lives in me, that is, in my sinful nature. 28 For I have the desire to do what is good, but I cannot carry it out. 19 For what I do is not the good I want to do; no, the evil I do not want to do—this I keep on doing. 20 Now if I do what I do not want to do, it is no longer I who do it, but it is sin living in me that does it. 21 So I find this law at work: When I want to do good, evil is right there with me. 22 For in my inner being I delight in God's law; 23 but I see another law at work in the members of my body, waging war against the law of my mind and making me a prisoner of the law of sin at work within my members. 24 What a wretched man I am! Who will rescue me from this body of death? 25 Thanks be to God—through Jesus Christ our Lord! So then, I myself in my mind am a slave to God's law, but in the sinful nature a slave to the law of sin.

Galatians 6:1-2

Brothers, if anyone is caught in any transgression, you who are spiritual should restore him in a spirit of gentleness. Keep watch on yourself, lest you to be tempted. Bear one another's burdens, and so fulfill the law of Christ.

James 5:16

Confess your sins one to another and pray for one another, that you may be healed.

Discussion Questions

Have you known someone who never admitted to being wrong?
Why do you think they were like that?

Is it hard to admit when you're wrong?
Why?

What are your first thoughts in reading the passage from Romans?
Does anything about it surprise you?

Are you able to relate with this passage?

How do you feel about Paul being so honest with his struggle?

How can being honest with our struggles help our faith?
How can being honest with our struggles help others?
How do we do this in a wise and helpful way?